

Liste des 14 allergènes principaux par recette - Maternelle

| | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---------------------------------------|---|---|---|--|---|---|---|---|---|---|---|---|---|---|
| | Repas / Plat | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|  | Lundi 06 Octobre - Déjeuner | | | | | | | | | | | | | | |
|  | Coleslaw | | | X | | X | | | | | | | X | | |
|  | Couscous végétarien | | X | | | | | | | X | | | | | |
|  | Légumes couscous | | | | | | | | | X | | | | | |
|  | Semoule | | X | | | | | | | | | | | | |
|  | Yaourt aromatisé | X | | | | | | | | | | | | | |
|  | King snack xxi cacao | X | X | | | | | | | | X | | | | |
|  | Mardi 07 Octobre - Déjeuner | | | | | | | | | | | | | | |
|  | Salami | X | | | | | | | | | | | | | |
|  | Filet saumon sauce aurore | X | X | | X | | | | | | | | | | |
|  | Riz | | | | | | | | | | | | | | |
|  | Yaourt nature sucré | X | | | | | | | | | | | | | |
|  | Donuts | X | X | | | | | | | | X | | | | |
|  | Jeudi 09 Octobre - Déjeuner | | | | | | | | | | | | | | |
|  | Rémoulade de céleri | | | X | | X | | | | X | | | X | | |
|  | Nugget filet poulet | | X | | | | | | | | | | | | |
|  | Brunoise de légumes saveur antillaise | | | | | | | | | X | | | X | | |
|  | Macaroni à l'emmental | X | X | | | | | | | | | | | | |
|  | Fromage fouetté au sel de Guérande | X | | | | | | | | | | | | | |
|  | Compote pommes fraises | | | | | | | | | | | | | | |
|  | Vendredi 10 Octobre - Déjeuner | | | | | | | | | | | | | | |
|  | Concombre vinaigrette | | | | | X | | | | | | | X | | |
|  | Filet de colin meunière et citron | X | X | X | X | | | | | | | | | | |
|  | Blé pilaf | | X | | | | | | | | | | | | |
|  | Courgettes à l'orientale | | | | | | | | | X | | | | | |
|  | Yaourt aromatisé | X | | | | | | | | | | | | | |
|  | Corbeille de fruits | | | | | | | | | | | | | | |